



Great Falls **CONNECTION**

Group photo of those gathered
for The Glen Sjoblom Award
2022 ceremony honoring Pam
Grosvenor.

Honored for 'Extensive And Meritorious Service'

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PHOTO BY MERCIA HOBSON/THE CONNECTION

Police Shoot and Kill 2 In Separate Incidents

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Toll Road Hikes Proposed

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Rotary Service

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NEWS



Chief Kevin Davis speaks at the scene in McLean July 7 after a Fairfax County Police officer shot and killed Jasper Aaron Lynch, 26.



Chief Kevin Davis speaks at the scene at Springfield Town Center June 30 after Fairfax County Police officers shot and killed Christian Parker, 37 of Reston.

Two Fatal Shootings by Fairfax County Police

FROM FAIRFAX COUNTY POLICE REPORTS

Fairfax County Police officers shot and killed two men in separate incidents. A Reston man, Christian Parker, 37, was shot and killed in the parking lot of Springfield Town Center on June 30. Jasper Aaron Lynch, 26, was shot and killed in a McLean home on July 7. Investigations are underway. Many questions arise from reading the facts as released by the police. Both incidents were recorded on officers' body cameras, and that footage will be released along with audio recordings "within 30 days or when it no longer jeopardizes the integrity of the investigation."

Per department policy, the officers have been placed on restricted duty pending the outcome of an administrative investigation by the Internal Affairs Bureau.

An independent review will be conducted of both incidents by the Fairfax County Independent Police Auditor, Richard G. Schott. The Office of the Independent Police Auditor was established by the Board of Supervisors on the recommendation of the Ad Hoc Police Practices Review Commission, in the wake of the police shooting death of John Geer of Springfield. The recommendations of the commission also led to the timeline for release of information.

N MCLEAN

According to police, at approximately 7:11 p.m. Thursday, July 7, officers responded to a home in the 6900 block of Arbor Lane in McLean, after a family friend of Jasper Aaron Lynch, 26, called with concerns for his safety. The family friend said Lynch was throwing objects inside the home and pacing.

A designated co-responder unit responded. This team included an officer assigned to our Crisis Intervention Team (CIT) and a clinician from the Sharon Bulova Center for Community Health. Lynch left the residence prior to the team's arrival at 7:26 p.m. The team checked the home and re-

mained in the area for an additional period of time to attempt to locate him, according to the report, but they didn't find Lynch. The co-responder unit then went to the McLean District Station to speak with Lynch's family by phone.

At 8:34 p.m., a second call for service was placed by a family friend. This time, three crisis intervention trained officers arrived at the home and spoke to a family member on the scene. The officers found Lynch inside holding a bottle and an object, believed to be a large decorative wooden tribal mask. The officers attempted to de-escalate the

The officer is assigned to the McLean District Station.

The name of the officer will be released within 10 days, unless there is a credible threat to the safety of the officer involved or if additional time is required to thoroughly complete the risk assessment process.

A criminal investigation into the use of force is being conducted by FCPD Major Crimes Bureau.

Police report that all information provided in their release is based on preliminary investigative findings and may be subject to revision as the investigation progresses.

district. A family member reported Parker stole a firearm from the home and pointed the weapon at a relative. Parker then discharged the firearm inside the home.

The incident was reported more than 10 hours after it occurred. No one was injured at the time of the reckless discharge. Officers obtained warrants for Parker and notified our Fugitive Track and Apprehension Unit. Our officers worked throughout the week to find Parker, eventually finding him in the Springfield parking lot.

Detectives from our Fugitive Track and Apprehension Unit learned Parker was in the area of the Springfield Town Center. Detectives coordinated with the Summer Crime Initiative team to help find Parker. This seasonal team of officers focuses on suppressing crime during the summer months.

Officers found Parker in a parking lot and positioned their vehicles in a manner to prevent Parker's escape.

Parker entered his vehicle as officers approached. Three officers gave Parker several commands to show his hands. Preliminarily, it appeared Parker reached across the passenger seat and retrieved a firearm. At least one of the officers observed a firearm in Parker's hands and alerted other officers. The officers gave multiple commands to Parker to drop the firearm. Parker disregarded these repeated commands, and Police Officer First-Class Daniel Houtz and Officer Ryan Sheehan discharged their firearms. PFC Houtz is an eight-year veteran of the Franconia Police District Station and OFC Sheehan is a two-year veteran of the Mount Vernon Police District Station. Both officers were assigned to the Summer Crime Initiative Team.

An independent review will also be conducted by the Independent Police Auditor.

A criminal investigation into the use of force is being conducted by our Major Crimes Bureau.

To view Chief Davis' press conference from the scene, see https://youtu.be/n_s66dYFQLs

AT SPRINGFIELD TOWN CENTER

On June 30, officers found Christian Parker, 37, of Reston, in the Springfield Town Center parking lot. Parker was wanted for possession of a firearm by a felon, larceny of a firearm, brandishing a firearm and discharging a firearm within a home.

Parker was wanted after an incident on Sunday at his home in the 2000 block of Royal Fern Court in the Reston Police Dis-

"We have crisis-intervention training, and it requires ongoing education. About 42 percent of our agency is trained in it. We'd like to have co-responder mobile-crisis units – a police officer and a mental-health professional in the same car ... It's the wave of the future in public safety."

—Fairfax County Police Chief Kevin Davis during a recent meeting of the Sully District Police Station's Citizens Advisory Committee

sition with verbal commands inside the foyer of the home.

Lynch threw the mask at an officer and began to swing the bottle in striking motion. Two officers attempted to utilize their Electronic Control Weapons. Lynch ran toward officers while swinging the bottle.

One officer discharged his firearm, striking Lynch four times. Officers immediately rendered aid until fire and rescue personnel arrived. Lynch was pronounced deceased at the scene.

The officer who discharged his firearm has been identified as a ten-year veteran.

MWAA Proposes Dulles Toll Road Increases

Public comments accepted through Aug. 10, 2022.

BY MERCIA HOBSON
THE CONNECTION

The Metropolitan Washington Airports Authority will propose raising the toll rates on the Dulles Toll Road. MWAA is accepting

public comments through Tuesday, Aug. 10 on proposed changes to toll rate which would start on Jan. 1, 2023.

Tolls for a 2-axle vehicle at the Main Line Plaza would increase to \$4.00 from \$3.25. Drivers would incur a second increase at the

ramps. The charge for a 2-axle would increase from \$1.50 to \$2.00 on the ramps. If the Airports Authority's Board of Directors approves the amendment, someone driving a passenger car will pay \$12 a day round trip using the Dulles Toll Road rather than the

current \$9.50.

The Airports Authority also wants to be able to charge administrative fees to cover the costs it must pay when it bills toll road customers who use the pay-by-plate (license plate imaging) method to pay tolls.

On Tuesday evening, July 12, the Airports Authority held the

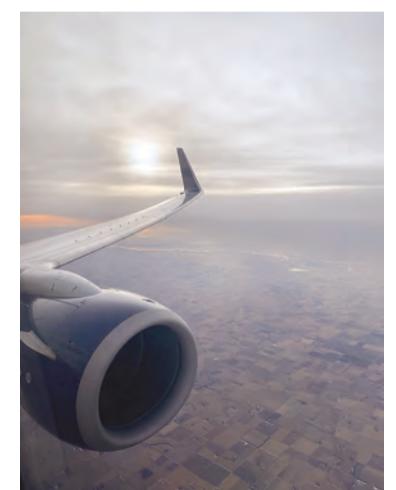
first of two public hearings — the first meeting a virtual one. The public learned about the Dulles Toll Road's switch to all-electronic tolling, how toll revenue is used to pay for capital improvements in the Dulles Corridor, and the funding and construction of the Dulles Corridor Metrorail Project.

The Airports Authority seeks public comment not just about the proposed amendment but also converting to all-electronic toll collection will reduce harmful emissions from vehicles idling at toll plazas. It poses questions: Are there other potential environmental initiatives related to the operation or maintenance of the Dulles Toll Road that should be explored? Would offering toll credits or other financial incentives be an effective way to encourage Dulles Toll Road customers to carpool or travel during off-peak hours?

The full text of the proposed changes can be found online at <https://www.dullestollroad.com/toll-setting-process>.

A second public hearing, this time in person, is set for Monday, July 18, 2022, from 6:30 to 8:30 p.m. at the Washington Dulles Airport Marriott, Salons A, B, and C, 45020 Aviation Drive, Dulles, Virginia 20166. As per the Airports Authority "There will be no formal presentation, but the information provided in the virtual public hearing will be available for discussion in an open house format. Attendees will be able to visit several information stations to learn about the proposed regulatory amendments, the Dulles Toll Road, and

SEE TOLL HIKES, PAGE 5



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PHOTO BY MERCIA HOBSON/
CONNECTION NEWSPAPERS
Metropolitan Washington
Airports Authority announced
public hearings on raising the
tolls on the Dulles Toll road;
public comment period will run
through Aug. 10.
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NEWS



PHOTO BY MERCIA HOBSON/CONNECTION NEWSPAPERS
Innovation Center Station runs beside the Dulles Toll Road.

Toll Hikes

FROM PAGE 4

the Dulles Corridor Metrorail project. Attendees will be able to provide written comments or provide comments to an official meeting stenographer."

Additionally, beginning July 11, 2022, written comments may be submitted using the online comment form at <https://www.dullestollroad.com/toll-setting-process>. One can also phone (703) 253-5896 and leave a statement after the tone. It will be received and entered into the record. All comments must be received no later than Aug. 10, 2022. The Airports Authority's Board of Directors is the only group that can take the final step to adopt these proposed changes.

Vehicle Class	Main Line Plaza		Ramps	
	From	To	From	To
2-axle	\$3.25	\$4.00	\$1.50	\$2.00
3-axle	\$6.50	\$8.00	\$3.00	\$4.00
4-axle	\$7.75	\$9.25	\$3.50	\$4.50
5-axle	\$9.00	\$10.50	\$4.00	\$5.00
6 or more axles	\$10.25	\$11.75	\$4.50	\$5.50

SCREENSHOT

Proposed Dulles Toll Road Increases

NEXT STEPS	
June 2022	<p>06/15/22 Airports Authority Board Committee Meetings Staff report on consultation with DCAC; Request Committee authorization to proceed with the regulatory process for proposed rate adjustments.</p>
July/August 2022	<p>07/11/22 Public Comment Period begins 07/12/22 Virtual Public Hearing 07/18/22 In-Person Public Hearing 08/10/22 End of Public Comment Period Information will also be posted on the Airports Authority website.</p>

SCREENSHOT

Next Steps

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NEWS



The framed recognition



Pam Grosvenor shows The Glen Sjoblom Award 2022 with her name engraved on it.



Bill Canis, president of the Great Falls Citizens Association, smiles listening to Grosvenor give her remarks after receiving The Glen Sjoblom Award 2022.



Fairfax County Supervisor John W. Foust (D-Dranesville)



Far right, Virginia Sen. Barbara Favola (D-31) speaks about the accomplishments of Pamela J. Grosvenor, recipient of The Glen Sjoblom Award 2022 as (seated) Grosvenor listens.



Charles J. Cuvelier, superintendent of the George Washington Memorial Parkway, talks with Jennifer Falcone, GFCA Executive Board, as others mingle before the ceremony.



Supervisor John W. Foust (D-Dranesville) talks with Jennifer Falcone, GFCA Executive Board, as others mingle before the ceremony.

Pam Grosvenor, Recipient of The Glen Sjoblom Award 2022

GFCA's Executive Board holds award ceremony.

By MERCIA HOBSON
The Connection

Pamela J. ("Pam") Grosvenor received The Glen Sjoblom Award 2022 from the Great Falls Citizens Association for her "extensive and meritorious service" to the Great Falls community. Grosvenor is the fourth recipient of this award, which recognizes people who have made outstanding and lasting contributions to the community of Great Falls through their service and collaborative teamwork, innovation, and sustained leadership in the Great Falls Citizens Association.

The informal ceremony was held outdoors under a pavilion overlooking the gardens of GFCA members Allie and Ellen Ash on Saturday, July 9. Guests included Virginia Sen. Barbara Favola (D-31), Supervisor John W. Foust (D-Dranesville), Charles J. Cuvelier, superintendent of the George Washington Memorial Parkway, GFCA members, relatives, and friends.

Before the ceremony began, guests mingled while enjoying the food made by GFCA Leadership, Jennifer Falcone and Elizabeth Huebner and the refreshments by Scott Knight, as well as appreciating the certificate and text by Peter Falcone, which would be presented to Grosvenor.

"This is a nice grassroots event where the Great Falls Citizens Association honors a special volunteer," said Favola. The senator represents sections of Fairfax County, including Great Falls, and portions of Arlington and Loudoun coun-

ties. "Pam Grosvenor has done so much for the Great Falls community," Favola said.

When asked to define Grosvenor's characteristics, Foust said: "Amazingly conscientious, hard-working, common sense gets things done."



Front row from left, Virginia Sen. Barbara Favola (D-31); Pamela J. Grosvenor, recipient of The Glen Sjoblom Award 2022; Charles J. Cuvelier, superintendent of the George Washington Memorial Parkway; Gary Pan, commissioner of the Virginia Department of Labor and Industry and GFCA member. Back row from left, Supervisor John W. Foust (D-Dranesville); Erik Knudsen, recipient of The Glen Sjoblom Award 2021; and Bill Canis, president of Great Falls Citizens Association.



Group photo of those gathered for The Glen Sjoblom Award 2022 ceremony honoring Pam Grosvenor.

their places at the tables. Bill Canis, president of the GFCA, served as master of ceremonies. He asked those gathered if they would like to say a few words. Cuvelier, superintendent of the George Washington Memorial Parkway, said when he came on board in 2019, he knew there was probably some-

thing afoot and some degree of unhappiness or discontent. "What I am going to tell you is what Pam asked us (to do) was really to be a better neighbor. Expect more from the government as the government sometimes drags its feet. We are a public service agency."

Cuvelier recalled Grosvenor saying, "I think you can do better than

what you're doing, and I'm going to hold you to account for that." Cuvelier said that conversation led to the improvement.

Canis read the GFCA executive board's resolution nominating Grosvenor for The Glen Sjoblom Award 2022. "She has consistently demonstrated sustained leadership, sought innovative solutions,

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provided a fair and cooperative outlook with her colleagues, GFCA members, and government officials, and shown an unrivaled attention to detail and accuracy in her communications," he said.

According to Canis, Grosvenor served on the GFCA board for eleven years in several positions, including as a member of the Transportation and Membership & Outreach committees, before assuming leadership responsibilities and becoming chair of both. As chair of the Transportation Committee, Grosvenor brought "outstanding organization and clarity to the public meetings." She guided the group in resolving various issues, such as the development of cost estimates and preliminary plans for a crosswalk at the Georgetown Pike and Walker Road intersection and improvements to the Route 7 corridor. She also contributed to safe pedestrian mobility to the village's two commercial areas, traffic-calming measures, and "Protect the Pike" initiatives.

Grosvenor said that over the years, she realized that GFCA board members might not always agree about everything, and it could get rough when a disagreement arose. Meetings could continue until 11 in the evening. "But we all have the same goal: we want to make the community better. We want to protect our Dark Skies. We want to protect our environment; protect Georgetown Pike and the parks; we love our local parks that are right at our fingertips. And we want to keep our sense of community," she said.

Grosvenor shifted the focus away from herself and acknowledged many with whom she had worked over the years, crediting them with accomplishments and recognizing their attributes. "So, you know, there's a familiar saying, it takes a village to raise a child. I think it takes volunteers to preserve our village."

The list above is not a comprehensive list of all structures with weight restrictions in the Commonwealth, but shows only structures that have new or changed weight restrictions within the last 30 days. The list contains only basic structure identification and location information and the date the new or changed weight restriction and signage became effective.

For a full listing of all bridge and culvert weight restrictions with detailed information about specific structures, including location data and actual weight limits, visit <https://www.virginiadot.org> and navigate to Info Center/Trucking Resources. This page references a posted structures report and a GIS map tool that contain detailed information about restricted structures in Virginia. To receive email notifications regarding new or updated weight restrictions for structures statewide, complete the sign-up form on the web page.

Notices regarding bridges and culverts with new or updated weight restrictions are published monthly by VDOT. For additional information or questions, please contact [haulngpermits@vdot.virginia.gov](mailto:haulingpermits@vdot.virginia.gov).

The Virginia Department of Transportation is committed to ensuring that no person is excluded from participation in, denied the benefits of, or be subjected to discrimination under any of its programs or activities on the basis of race, color, or national origin, as protected by Title VI of the Civil Rights Act of 1964. If you need further information on VDOT's Title VI Program or special assistance for persons with disabilities or limited English proficiency, please contact the Virginia Department of Transportation's Title VI Program Specialist at 804-786-2730.

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Public Notice

Updated weight limits on Virginia bridges and culverts

In accord with state and federal law, the Virginia Department of Transportation (VDOT) has imposed new or changed existing weight restrictions and installed new signage indicating the updated weight restrictions on the following bridges and culverts (structures) in Virginia within the last 30 days.

Jurisdiction	Fed Struc Id	Route #	Route Name	Crossing	Posted Date
KING & QUEEN	10620	628	SPRING COTTAGE RD.	MATTAPONI RIVER	6/30/2022
KING & QUEEN	10595	602	WARES CHURCH RD.	DRAGON RUN	6/30/2022
KING WILLIAM	10671	629	ACQUINTON CHURCH R	ACQUINTON CREEK	6/30/2022
KING WILLIAM	10649	600	W. RIVER RD.	AYLETT CREEK	6/30/2022
LANCASTER	10683	3	MARY BALL RD.	BELLWOOD RUN	6/30/2022
GRAYSON	8690	58	WILSON HWY	BIG WILSON CREEK	6/29/2022
WASHINGTON	18877	58	JEB STUART HWY	STRAIGHT BRANCH	6/29/2022
KING GEORGE	10576	625	PRIM RD.	MATTOX CREEK	6/29/2022
ESSEX	6156	629	BATTERY RD.	MOUNT LANDING CREEK	6/28/2022
ESSEX	6163	684	HOWERTON RD	WHITE MARSH CREEK	6/28/2022
CAMPBELL	4347	738	ENGLISH TAVERN RD.	TRIBUTARY FLAT CREEK	6/25/2022
WASHINGTON	18878	58	JEB STUART HWY	STRAIGHT BRANCH	6/22/2022
CAROLINE	4464	632	EDGEHILL ACADEMY R	MATTA RIVER	6/22/2022
ESSEX	6152	620	CHEATWOOD MILL RD.	HOSKINS CREEK	6/21/2022
CAROLINE	4359	1	JEFF. DAVIS HWY.	STEVENS MILL RUN	6/21/2022
CAROLINE	4409	301	NBL A.P. HILL BLVD	N FORK PEUMONSEND CREEK	6/21/2022
CAROLINE	4411	301	RICHMOND TPKE	POLECAT CREEK	6/21/2022
CAROLINE	4367	17	TIDEWATER TRAIL	GOLDENVALE CREEK	6/21/2022
ARLINGTON	110	1	JEFF. DAVIS HWY. SBL	110; I-395 NB & I-395 EXP	6/15/2022
PRINCE EDWARD	13930	612	SANDY RIVER RD.	LITTLE SANDY RIVER	6/11/2022
LEE	10734	58	BUSINESS RTE 58	BRANCH	6/6/2022
MIDDLESEX	12085	17	NBL GEO. WASH. PWY	DRAGON RUN	6/2/2022
KING GEORGE	10566	615	BERRY WARF RD.	DEEP CREEK	6/1/2022
MATHEWS	26970	609	BETHEL BEACH RD.	GARDEN CREEK CANAL	6/1/2022

Rotary Club of Great Falls Holds Annual Meeting

**Installs leadership
and recognizes
honorees.**

BY MERCIA HOBSON
THE CONNECTION

The Rotary Club of Great Falls held its annual meeting on June 30 at the Turner Farm Park Gazebo, operated by the Fairfax County Park Authority. Incoming President, Michael Broyles, wanted to have the event at a Fairfax County park where the Rotarians could celebrate in a fun and relaxing setting while also promoting one of the causes of Rotary International, protecting the environment, according to June Melloni Kelly.

The Rotary Club of Great Falls installed its new board of officers for the 2022–2023 Rotary year. The Rotary Area Governor, Pat Williams, administered the oath of office to Michael Broyles, President; Gary Pan, Immediate Past President; Connie Sawtell, President Elect; Marc Andersen, Vice President; Teresa Rutledge, Treasurer; David Hunt, Secretary; Daniel Cardenas, Sergeant at Arms; June Melloni Kelly, At Large BOD Member; and Stephen Clark-At Large BOD Member #2.

The Club recognized Captain Frank S. Smith III and Rotarian June Melloni Kelly, Ph.D. Smith received the Citizen of the Year Award. It honors a non-Rotarian living in the community who exemplifies "Service above Self," the motto of Rotary. It is awarded to an individual who is an outstanding member of the local community whose accomplishments, actions, and character have directly benefited the citizens of Great Falls and the surrounding area.

"This award is a pittance compared to the service Frank has provided (the) local community," said Michael Broyles, incoming president of Rotary of Frank Smith. "We appreciate his service and are honored to award



Rotary Club of Great Falls members at the Annual meeting. Gazebo at Nike Park/Turner Farm, Great Falls.

PHOTO BY PAT WILLIAMS

him Rotary Citizen of the Year," he said.

According to Broyles, 2022 marks Smith's 50th year of service to the Great Falls Volunteer Fire Department, Station 12. Smith leads the department and is an advocate for community safety. Since 1973, Smith has been involved in emergency services, and although he has retired three times, he hasn't quit. As a Great Falls resident and through the Fire Department, Smith remains actively involved. He can be found interacting with children at the Gazebo, training his search dog, Recon, at the Grange, and responding to assist the public as the lead paramedic on Fairfax County Medic 412E. Smith is a life member of the Great Falls Volunteer Fire Department and a paramedic instructor at the Fairfax County Fire & Rescue Academy. Smith served as a Chief Petty Officer in the U.S. Navy, was a Partner at Ernst & Young, and was SVP & Chief Information Officer at Booz Allen Hamilton.

Melloni Kelly received the Club's Rotarian of the Year 2021-22 in recognition of her outstanding demonstration of Service Above Self; principled commitment to the 4-Way Test; contributions to the mission and operation of the Club through each of the Rotary Avenues of Service; and for promoting Rotary by her actions and involvement.



From left, Rotary Board Members and Officers: Stephen Clark, At Large BOD Member #2; June Melloni Kelly, At-Large BOD Member; Connie Sawtell, President Elect; David Hunt, Secretary; Teresa Rutledge, Treasurer; Gary Pan, Immediate Past-President; Michael Broyles, Past President; and Pat Williams, Rotary Area Governor.

PHOTO CONTRIBUTED

"June is an amazing example of Rotary's motto, 'Service Above Self.' She does so much for the community with an emphasis on creativity, impact, professionalism, and quality. We are delighted to recognize her as Rotarian of the Year," said Gary Pan, president of the Rotary Club of Great Falls (2021-22).

According to Broyles, Melloni Kelly is one of the most active Rotary club members. Her

many efforts highlighted spearheading an awareness program for opioid use disorder. She was the interface between Rotary and Fairfax County's Opioid and Substance Use Task Force. Melloni Kelly staged a local opioid conference with keynote speakers, such as William Hazel, former Virginia Secretary of Health and Human Resources (2010-2018). Melloni Kelly worked with the Fairfax

Prevention Coalition and a local CVS shop to install a drop box for safely disposing of unused or expired medications.

Melloni Kelly assisted in recruiting new Rotary members and promoting Rotary in the business community. Outside of Rotary, Melloni Kelly has effectively raised funds for several nonprofits and causes in her service role as vice president of philanthropy at the Women's Club of Great Falls. Recipients included Artemis House-Shelter House Inc., SafeSpot Children's Advocacy Center of Fairfax, and Friends of Riverbend Park Friends. Melloni Kelly is the founder and CEO of Melloni Enterprises, LLC. She is a senior author and co-author of eight award-winning medical reference books and supplements and is known internationally for her work.



Gary Pan, president of the Rotary Club of Great Falls (2021-22), Frank Smith, Citizen of the Year (2021-22); and Michael Broyles, incoming president of the Rotary Club of Great Falls (2021-22)



Gary Pan, president of the Rotary Club of Great Falls (2021-22); Frank Smith, Citizen of the Year (2021-22); and Michael Broyles, incoming president of the Rotary Club of Great Falls.



Gary Pan, president of the Rotary Club of Great Falls (2021-22); June Melloni Kelly, Rotarian of the Year (2021-22); and Michael Broyles, incoming president of the Rotary Club of Great Falls.

PHOTOS BY PAT WILLIAMS

CALENDAR

SATURDAY MORNINGS

Summer Programming for Kids. 9 a.m. to 1 p.m. At Reston Museum, 1639 Washington Plaza, Reston. Reston Museum is launching new summer programming for kids! Visit the Reston Museum to participate in fun and creative activities inspired by Reston's history. Program is free and everyone will receive an Explore Reston packet.

NOW THRU DEC. 31

Crafts for Kids. 10 a.m. to 12 noon. At Reston Art Gallery and Studios, 11400 Washington Plaza W at Lake Anne, Reston. Free, themed art projects for children (with guardian) are offered at Reston Art Gallery and Studios every Saturday from 10 a.m. until 12 p.m. Visit the website: www.restonartgallery.com

SATURDAYS UNTIL DECEMBER

The Reston Farmers Market (sponsored by the Fairfax Co. Park Authority) will take place at Lake Anne Village from 8 a.m.-noon. SNAP beneficiaries receive up to \$20 match. Visit <http://restonfarmersmarket.com/>

MCLEAN FARMERS MARKET

The McLean Farmers Market opened for the 2022 season on May 6th, at Lewinsville Park, 1659 Chain Bridge Road, McLean. The market will run every Friday from 8 a.m. to noon through November 11. Local farmers and producers will sell fresh produce and fruits; breads and pastries; prepared foods; meats: herbs; flowers, and more. All products are grown or produced by the vendors and come from within 125 miles of Fairfax County. For more information, see: <https://www.fairfaxcounty.gov/parks/farmersmarkets/>

HERNDON FARMERS MARKET

Thursdays through Nov. 3, 8 a.m. to 12:30 p.m. 765 Lynn St., Herndon, VA, 20170 <https://www.fairfaxcounty.gov/parks/farmersmarkets/herndon>

GREAT FALLS FARMERS MARKET

The Great Falls Farmers Market Outdoor Market is open every Saturday, Spring and Summer, 9 a.m. - 1 p.m., 778 Walker Road, Great Falls. For vendors and weekly highlights see <https://www.greatfallsfarmersmarket.org/>

NOW THRU AUG. 26 (FRIDAYS)

Storytime for Little Historians. 11 a.m. The second annual Storytime for Little Historians program returns this summer. Reston Museum invites our youngest visitors to the Reston Museum every Friday at 11 a.m. to listen to a story about Reston or one of Reston's founding principles. Books for the program come from the Reston Museum and Reston's Used Book Shop. Program is offered free of charge and each child will receive a goodie bag. Program is recommended for children under 7. Visit www.restonmuseum.org.

NOW THRU JULY 24

"Memory and Illusion." At Jo Ann Rose Gallery, 1609-A Washington Plaza, in Reston. A retrospective exhibit of more than 50 original paintings by Reston-based painter Sandra C Dovberg will be shown in the Jo Ann Rose Gallery at Reston Community Center-Lake Anne. Dovberg's solo exhibit, "Memory and Illusion," is a highly eclectic collection of paintings that show the versatility of the artist who is also an award-winning silversmith and jewelry designer. Everyone is welcome to an informal reception to meet the artist at the gallery on Sunday, July 10 from 2 until 4 p.m.

NOW THRU JULY 31

Art in Motion. At Reston Art Gallery, 11400 Washington Plaza West, Reston. Mobiles and Stabiles by Wayne Schiffelbein on display. An array of mobiles suspended from the ceiling and stabiles displayed on tabletops are presented by Wayne Schiffelbein in his show,



D'DAT will appear Sunday, July 17, 2022 at 1468 Dolley Madison Blvd. in McLean.

"Art In Motion." The show offers 20 pieces of Schiffelbein's latest 'Calder-esque' works that range in size from 1 1/2 inches to 46 inches in width, each with its own distinctive character in combinations of colorful aluminum and glass balanced with stainless steel.

JULY 14-AUG. 18 (THURSDAYS)

Farmers' Market Fun Days. At Town Green, 730 Elden Street, Herndon. Enjoy free kid-friendly entertainment on Thursdays running July 7-August 18 from 10:30-11:15 a.m. on the Town Green, 730 Elden Street. Before or after the performance, people are welcome to shop the locally grown and homemade goodies at the Farmers' Market from 8 a.m. - 12:30 p.m., on Lynn Street in historic downtown Herndon. If inclement weather occurs, call the Inclement Weather line at 703-435-6866 for the status of the performance.

Entertainment Schedule:

- July 14: Drew Blue Shoes - interactive magical miracles
 - July 21: Marsha and the Positrons - songs about science and how the world works
 - July 28: Mr. Jon and Friends - Parents Choice Award winning music for kids
 - August 4: Milkshake - music for little dudes
 - August 11: Groovy Nate - fun and educational shows using exotic musical instruments
 - August 18: Rainbow Rock - plays original children's music for the tot rock set
- To learn more about the Town of Herndon Parks and Recreation Department, visit herndon-va.gov/recreation, or call 703-787-7300.

NOW THRU JULY 17

"Newsies." At Capital One Hall, 7750 Capital One Tower Road, Tysons Corner. The Reston Community Players (RCP) presents a youth-centered production of "Newsies" this July as part of their new Apprentice Program. Based on the 1992 motion picture and inspired by the true story of the Newsboy Strike of 1899, Newsies tells the story of Jack Kelly, a charismatic newsboy who dreams of a better life. After publishing giant Joseph Pulitzer raises newspaper prices at the newsboys' expense, Jack rallies a ragged band of newsies from across the city to strike against the unfair conditions and fight for what's right. Newsies will perform July 15-17. Curtain time is 7 p.m. on Fridays and Saturdays and 2 p.m. on Sundays. For tickets, visit www.capitalonehall.com.

THURSDAY/JULY 14

Project Locrea. 7:30-8:30 p.m. At Nottoway Park, 9537 Courthouse Road, Vienna. Join this ensemble for an evening of eclectic music that crosses cultural and musical boundaries, which fuses modern technology with Western

classical, jazz and traditional folk instrumentation from around the world. Call 703-324-SHOW (7469) for inclement weather updates.

SATURDAY/JULY 16

90's JParis Live. Part of the Summer Concert Series. 7-9 p.m. At Tysons Corner Center, McLean. Join Tysons Corner Center on a tour through the decades! Listen to your favorite songs on the plaza while enjoying drinks and takeout from the plaza retailers. These events are free to attend.

SATURDAY/JULY 16

NVMR Train Station Open House. 1-5 p.m. At Vienna Train Station, 231 Dominion Road, NE, Vienna. Stop by the Historic Vienna Train Station where you can see and hear HO scale model trolleys and trains including Thomas and some of his friends on display and in operation. Great family fun and activity for the young and young-at-heart. Hosted by the Northern Virginia Model Railroaders. See www.nvmr.org.

SUMMER SUNDAY CONCERTS

The Alden at the McLean Community Center is bringing great music to the great outdoors with its Summer Sunday Concerts in the Park series. The concerts are for all ages and include a wide range of music genres, from South Asian, to indie rock, to hip-hop, to Southwest Native American jazz fusion. The free concerts are being held at 3 p.m. on Sundays through July 31. The park is located at 1468 Dolley Madison Blvd.

Sunday, July 17, 3 p.m. D'DAT. D'DAT is a multicultural group that mixes the uniquely Ameri-

can musical traditions of the Native Southwest, jazz and hip-hop. National touring artist Def-I's intelligent, poetic lyrics and hip-hop style blends with the hard-driving instrumental fire of trumpet player Delbert Anderson, the deep funk of drummer Nicholas Lucero and the explorative and expanding groove of Mike McCluhan on bass.

Sunday, July 24, 3 p.m. Lil'Maceo. Old-school funky, foot-stomping R&B saxophone. Lil' Maceo's musical roots in funk, pop, dance and contemporary jazz will get you up and partying.

JULY 22-24

"The Show Must Go On!" 8 p.m. At The Alden Theater in McLean Community Center, 1234 Ingleside Ave., McLean. The Show Must Go On! A Musical Revue marks the return of the McLean Community Players to the Alden Theater after a three-year hiatus because of the pandemic. This gala revue remembers songs from past shows and looks to the future with songs from shows MCP has not done yet.

SATURDAY/JULY 23

Food and Hygiene Event. 10 a.m. to 12 p.m. The Rotary Satellite Club of Herndon-Reston holds a Nonperishable Food & Hygiene Event monthly on the fourth Saturday from 10 a.m. to 12 p.m. Items may be dropped off at Arts Herndon, 750 Center Street, Herndon benefiting LINK and F.A.I.T.H.

SUNDAY/JULY 24

Concerts on the Green. 6-8 p.m. At the Village Centre Green, Great Falls. Featuring Ranger Rik & The Trash Pandas - Dumpster-diving Rock-n-Roll so good you can't get the taste out of your mouth. Come relax at the Village Centre Green and enjoy laid-back evenings of good music and good times with your neighbors.

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Smart Growth America Shows Roads Are Dangerous by Design

Today, Smart Growth America released “Dangerous by Design” documenting the dangers faced by pedestrians on America’s roads. “The Coalition for Smarter Growth urges every official in the DC region, Maryland, and Virginia, to read this report and to make safety for pedestrians and bicyclists on our streets a top priority,” said Stewart Schwartz, Executive Director. <https://smartgrowthamerica.org/dangerous-by-design/>

In the past week, two pedestrians were killed in Fairfax County, bringing the total number of pedestrians killed in 2022 to 12,

Officers responded at 10:20 p.m. July 6 for a pedestrian struck on Richmond Highway near Huntington Avenue in the Mount Vernon area. Doris Anita McPhail, 56, of Alexandria, was struck by an SUV. She died the next morning in the hospital.

Keith Thomas, 24, was killed in a crash that occurred at 1:28 a.m., Friday, July 8 on Richmond Highway over the ramp from northbound I-95 to northbound Richmond Highway.

According to the report, national statistics show:

Pedestrian fatalities are up 62% since 2009, totalling 64,073 deaths.

Pedestrian fatalities increased 4.7% in 2020 over 2019 and preliminary data shows 7485 deaths in 2021, a 40-year high.

Arterial highways – think Route 1, Route 355, Route 50, Georgia Avenue, and Route 7 in the DC region – comprise 15% of all lane miles in the U.S. but 67% of pedestrian deaths.

During the pandemic, as traffic congestion went down, more drivers drove faster and death rates went up.

Places that were less friendly to walking before the pandemic had significantly higher increases in pedestrian fatalities during the pandemic compared to places that supported higher rates of walking pre-pandemic.

People of color, particularly Native and Black Americans are more likely to die while walking.

Lower income people and older people are more likely to die while walking.

“Despite better relative rankings than many parts of the U.S. the DC region is still seeing too many deaths and serious injuries to pedes-

trians and cyclists, and like other parts of the country, our suburban arterial roads are particularly dangerous. That’s why Coalition for Smarter Growth has partnered with CASA in a campaign to make Route 7 in Baileys Crossroads safer, helping the Gum Springs community’s fight for a safer Route 1 in Fairfax, and working together with the Northern Virginia Families for Safe Streets and Fairfax Alliance for Better Bicycling for safer streets across Northern Virginia,” said Sonya Breehey, CSG’s Northern Virginia Advocacy Manager.

“Similarly, we support Action Committee for Transit’s fight for safer streets in Montgomery County and are working for safer streets in Prince George’s, which have some of the highest rates of pedestrian injuries and deaths in the region,” said Jane Lyons, Coalition for Smarter Growth’s Maryland Advocacy Manager.

Areas in this region which have higher percentages of people of color and lower-income households, experience disproportionately more fatalities of pedestrians and crashes on arterials than the rest of the region, said Bill Pugh, Coalition for Smarter Growth Senior Policy Fellow.

“Unfortunately, VDOT and MDOT, and many local departments of transportation are not taking the sort of swift and concerted action necessary to make our streets safer. They continue to prioritize vehicle speed and movement over safety, and routinely push back on redesigning our streets – especially our very dangerous arterials to make them safer for people walking, biking, rolling, and using transit,” said Schwartz.

Sonya Breehey concluded, “SGA documents why design matters and we urge a transformation in how our state and local departments of transportation design our streets – using the design guidance from NACTO (National Association of City Transportation Officials) instead of the car-dominant AASHTO (American Association of State Highway and Transportation Officials). Funding should be shifted from highway and arterial expansion to redesigning our arterials and streets to make them safer for all users.”

<https://smartgrowthamerica.org/dangerous-by-design/>

Man Sentenced for Conspiracy to Distribute Meth on the Darknet

A Fairfax man was sentenced Tuesday, July 12 to 52 months for conspiring to distribute between 15 and 45 kilograms of pills containing methamphetamine via the darknet.

According to court documents, from about May 2019 through December 2019, Tyler Pham, 39, conspired to distribute peach tablets advertised as Adderall, but in fact containing methamphetamine, nationwide through the U.S. mail. Pham used the moniker “addy4cheap” on darknet markets, the Empire Market and Cryptonia. Between August 2019 and December 2019, law enforcement agents conducted 20 controlled purchases from “addy4cheap” on both markets for a total of 767 peach tablets received, weighing approximately 268 grams total.

On Dec. 9, 2019, search warrants were executed at Pham and his co-conspirators’ residences, including the homes of Lien Kim Thi Phan, 37, Fairfax, and Hon Lam Luk, 35, Chantilly. In the home of Phan and Pham, agents found 95 peach tablets, and in Luk’s Chantilly residence, investigators found over 6,000

peach tablets weighing approximately 2.2 kilograms, all of which resembled those advertised on “addy4cheap” and those received by law enforcement through controlled purchases.

As of Dec. 10, 2019, “addy4cheap” had completed 3,665 sales on the Empire Market and received 2,568 reviews. Based on these reviews, “addy4cheap” had received approximately \$482,572.10 in sales for an approximate 44,872 pills sold. As of Nov. 7, 2019, “addy4cheap” had fulfilled 140 transactions on Cryptonia.

Pham’s six co-conspirators all previously entered guilty pleas in connection with the conspiracy and were sentenced to over 13 years in prison combined. Phan and Duong Nguyen, 29, of Springfield received a sentence of time served for their roles in the conspiracy. Son Nguyen, 36, of Annandale, was sentenced to 34 months in prison for his role in the conspiracy. Dat Nguyen, 37 of Alexandria, and Trieu Hoang, 39, of Springfield, were sentenced to 39 months in prison for their roles in the conspiracy and Luk received 46 months imprisonment for his conduct.

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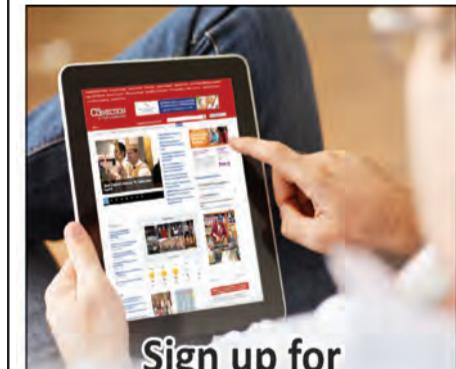
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Back in the Cancer Business



By KENNETH B. LOURIE

Not that as an active cancer patient still undergoing treatment you’re ever out, but occasionally, there are intervals where you are less in/have less frequent cancer-centric activities. And it’s important to never let these intervals pass without elevating their importance. A break/break in any cancer-related action is welcome relief and acknowledging its occurrence is paramount. When you’re living in the cancer world, you must find ways to find the most positive element of your rather negative experience. And if the most positive element of that experience is that absolutely nothing happened/is happening, don’t ever take it for granted. Take it for every advantage, rationalization, and accommodation possible. Any port in a storm is how many of us cancer patients roll, and the more often the roll, the better.

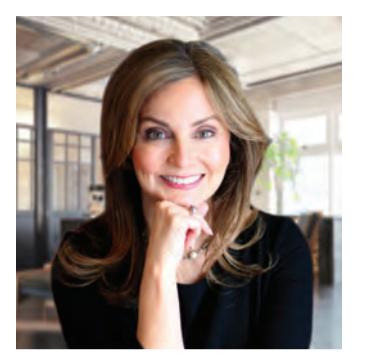
And for those of you who have unfortunately been effected/associated with cancer, you know the storm of chaos and disruption that its diagnosis causes. Talk about upheaval. Your orderly world goes topsy-turvy and everything you knew/understood before the diagnosis no longer applies. There’s the pre-cancer you and the post-diagnosis you. In many cases, you’re different people. It’s as if your brain is rewired. Moreover, assimilating a cancer diagnosis into your regular routine is hardly for the weak of mind. Unless you find a way to incorporate cancer into your life and minimize its deleterious effects, especially emotionally, the sooner some of the more debilitating physical challenges can be relegated somehow.

It’s not simply taking the good with bad – or vice-versa, it’s taking it all in stride and being grateful for any morsel of good news/lack of cancer activities whereby you can try to forget you have cancer and live as normal and rewarding a life as your deficits allow. It’s not exactly making lemonade, but you’re definitely making something. And what’s that something? Peace, that’s what. Acceptance and comfort. Learning to live within your cancer confines (lab work, treatment/medication, side effects, scans, miscellaneous doctor’s appointments, and a pre-occupation with your own mortality) and treat it like any other day – or interval of time. It may be your life, but it doesn’t have to define you.

If you have minimal cancer stuff, celebrate it. If you have maximum cancer stuff – as I do in 10 days, give in to it. There’s nothing to be done about it other than adhere to the schedule. Once you have cancer and are scheduled into the various ongoing/recurring appointments/responsibilities, unless you make light of it, the weight of it will crush you. Cancer is an equal opportunity villain. It goes after everybody everywhere with seemingly no rhyme or reason or sometimes, all the reasons (family history, environmental, smoking/second-hand smoke). It’s not inevitable, but it is undesirable. Avoiding it altogether would be best. If only it were that simple.

Often cancer is in control even as your doctors are treating it/you. Finding a way to balance the ebb and flow, and to not take the lows too hard and try to keep an even keel when there is some good news (it’s hardly a guarantee of future results, it may even be temporary; it’s a tease almost) seems the only logical pursuit. What you can’t control, you need to accommodate, and in that accommodation, you must find your level, a way to remain level-headed throughout your ordeal. (And cancer is nothing if not an ordeal.) Otherwise, you’ll make an excruciatingly bad situation worse, if that’s even possible. And believe me, it’s possible, and there’s no future in that.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.



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